# High Technology Cataract Surgery

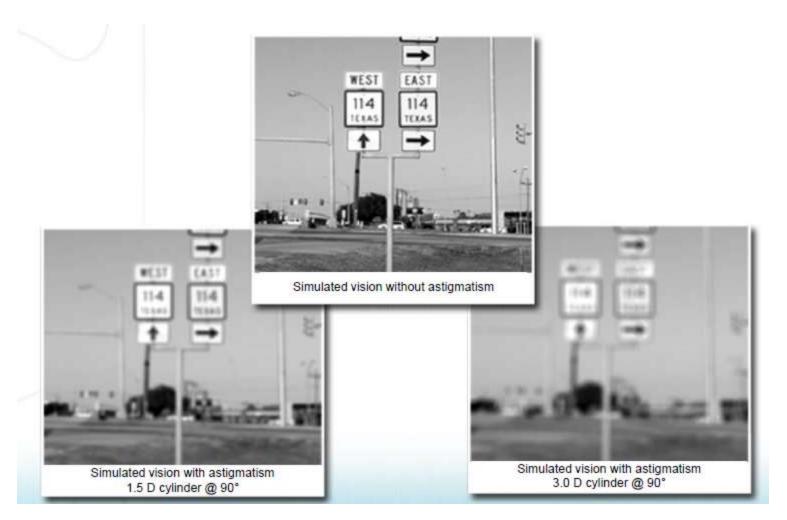
Joseph Wilhelm, M.D.

#### Financial Disclosure

Speaker, Joseph Wilhelm, M.D. has a financial interest/agreement or affiliation with Lansing Ophthalmology, where he is a shareholder and employed as a retina specialist.

### So What About Astigmatism?

How do we treat it?



# Quality of Vision is Deteriorated Considerably by Astigmatism



No astigmatism\*



1.0 D astigmatism\*



2.0 D astigmatism\*

#### Toric IOL Benefits

#### The combined advantages of toricity and asphericity

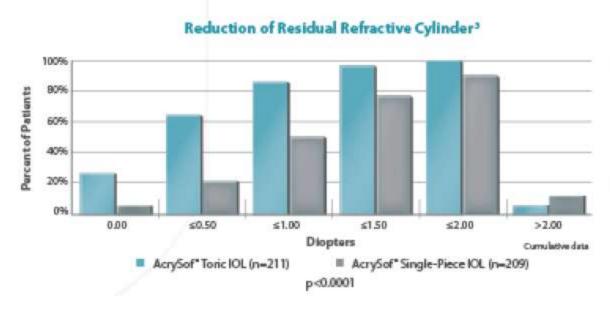
#### Toricity<sup>1</sup>

- > Reduction of residual refractive cylinder
- Improved uncorrected distance visual acuity
- Increased spectacle-independent distance vision
- Rotational stability
- > Wide range of cylinder powers

#### Asphericity<sup>2</sup>

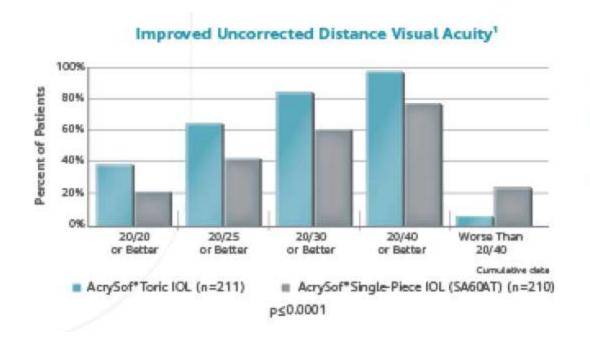
- > Enhanced image quality
  - » Reduction in spherical and total higher order aberrations (HOAs)
  - » Increased contrast sensitivity under mesopic conditions
  - » Improved functional vision
- Thinner edge profile

# Reduction of Residual Refractive Cylinder



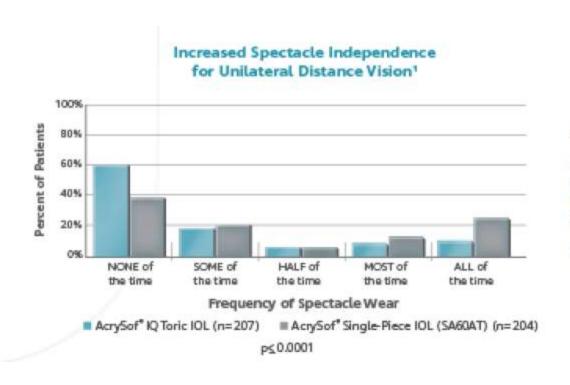
- > 62% of patients achieved ≤0.50 diopters of residual refractive cylinder.<sup>3</sup>
- > 87% of patients achieved ≤1.00 diopters of residual refractive cylinder.³

# Improved Uncorrected Distance Visual Acuity



94% of patients implanted achieved uncorrected distance visual acuity of 20/40 or better.<sup>1</sup>

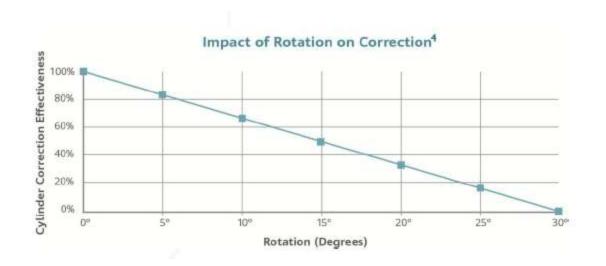
# Increased Spectacle Independence for Unilateral Distance Vision



Approximately 60% of unilateral patients implanted achieved spectacle-independent distance vision.<sup>1</sup>

## Rotational Stability

IOL rotation can have significant impact on astigmatism correction.<sup>1</sup>



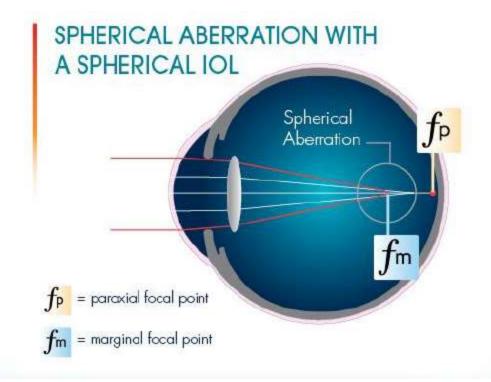
- Generally, for every degree of IOL rotation, 3.3% of lens cylinder power is lost.<sup>1</sup>
- A complete loss of cylinder power can occur with a rotation of >30°.1

The Benefits of Aspheric Optics

### The Problem: Spherical Aberration

Light rays are over-refracted at the periphery of the optics.

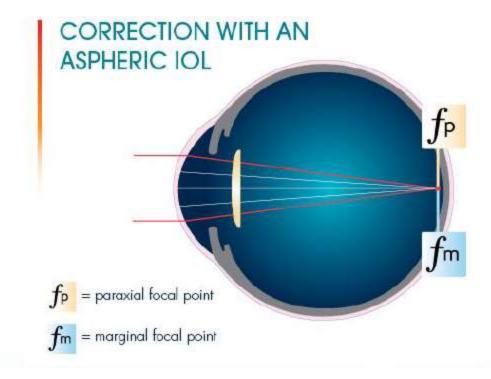
 This region of defocused light can reduce image quality.



## The Solution: Aspheric Optics

Negative spherical aberration aligns the light rays to compensate for positive spherical aberration.

 This results in enhanced clarity and image quality.



### Improved Functional Vision

The aspheric design of the IOL provides improved functional vision in **challenging**, **low-visibility enviroments**<sup>2</sup>:

- Allows patients to more quickly detect and identify objects
- Allows more time to react

### Functional Vision Study

Patients were tested monocularly in a night driving simulator in simulated city and rural settings under normal glare and fog conditions.

- Patients with an IOL had an average increase of over 130 feet (versus the control lens) in which to stop after identifying a warning sign.<sup>2</sup>

Additional Stopping Distance With AcrySof® IQ IOL (in a rural setting in fog conditions at 55 mph)



# Toric IOL Procedural Considerations and Surgical Planning

#### **Procedural Considerations**

- The surgeon performs a **standard cataract procedure** from capsulorhexis through phacoemulsification.
- The Toric IOL implantations requires only minor variations from the standard procedure:
  - 1. IOL calculation
  - 2. Marking of the eye
  - 3. IOL alignment (on-axis)

#### **IOL** Calculation

#### Step 1:

-Surgeon determines required sherical power using preferred biometric method

#### Step II:

- -Toric IOL Calculator determines:
  - -The recommended IOL model
  - -Optimal axis location of the IOL in the capsular bag

# IOL Calculator Makes precise surgical planning easy!

#### Intuitive Input

- » Patient data
- » Keratometry
- » IOL spherical power
- » Surgically induced astigmatism
- » Incision location

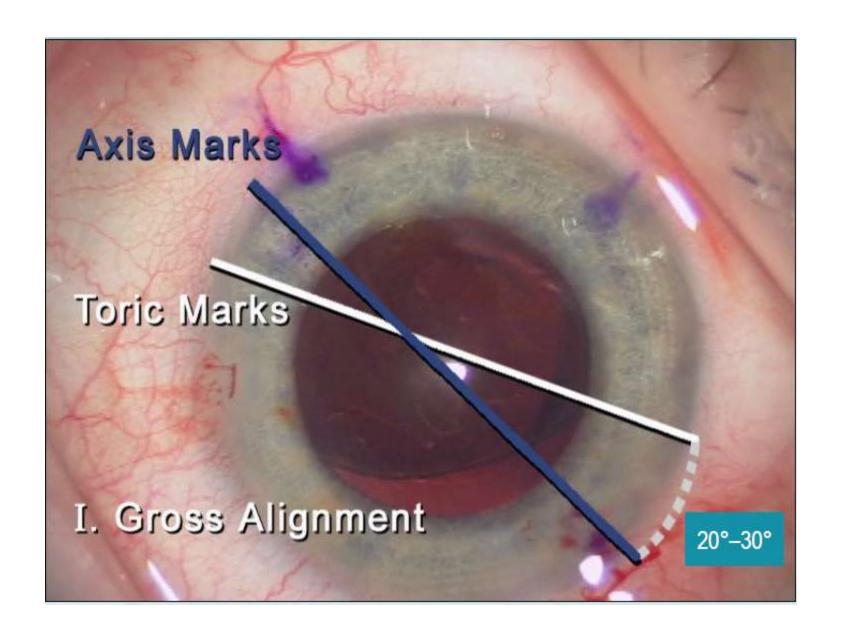
#### > Powerful Output

- » Toric IOL recommendation
- » Axis placement
- » Anticipated residual astigmatism

### IOL Alignment

#### **Step I: Gross Alignment**

- IOL alignment is made following lens implantation into the bag.
- While the lens is unfolding in the capsular bag, the surgeon rotates the IOL clockwise to approximately 20 to 30 degrees short of the desired position.



### IOL Alignment

#### Step II: Stabilizing IOL During OVD Removal

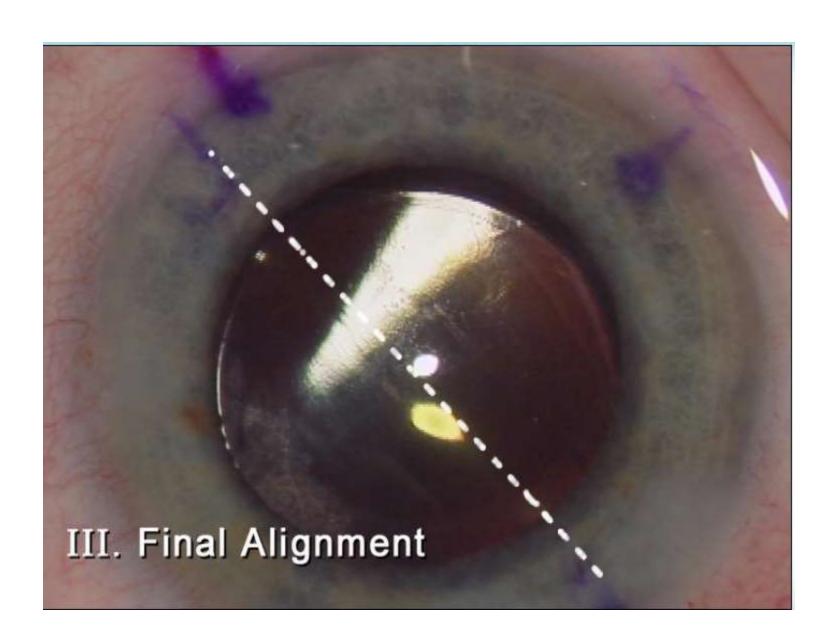
- Special care must be taken to prevent the IOL from rotating past its intended axis during OVD removal using:
  - » A secondary instrument
  - » Silicone I/A tip



### IOL Alignment

#### **Step III: Final Alignment**

- The lens should be manipulated clockwise precisely onto the intended axis of alignment, as previously marked.
- There are several different tools and techniques available for viscoelastic removal and final alignment of the lens. Surgeons should use whatever technique they are most comfortable with.
- The IOL should be tapped down into the capsular bag to seat the lens in place.



# Cataract Surgery and the Shift to Advanced Technology IOLs

### Agenda

• The Cataract Surgery Market

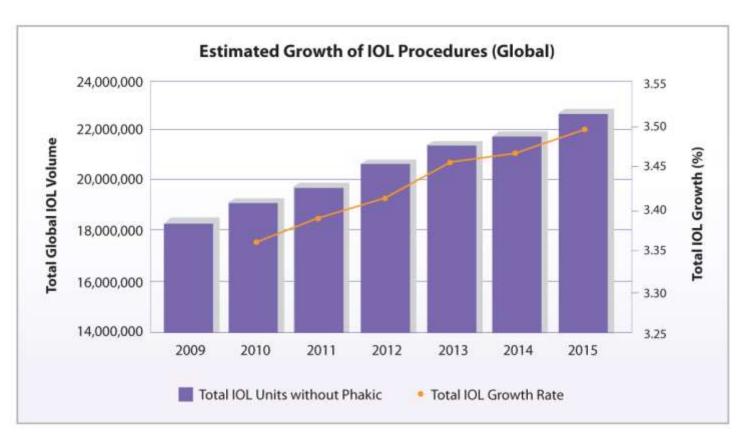
Understanding Today's Cataract Patient

Shifting Your Surgical Approach

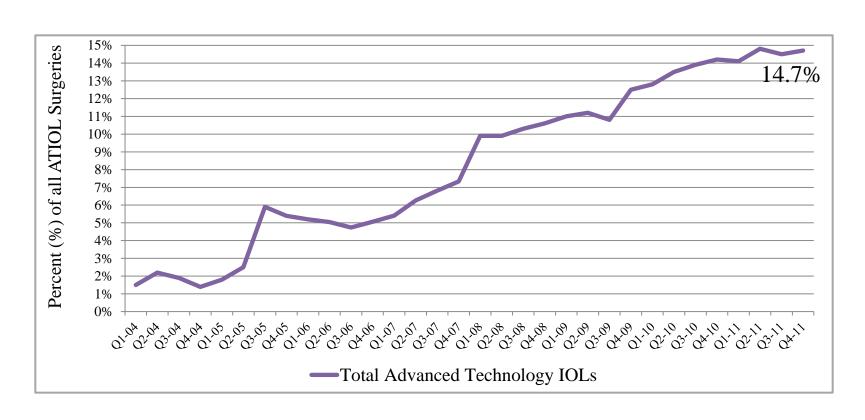
Recommending with Confidence

### The Cataract Surgery Market

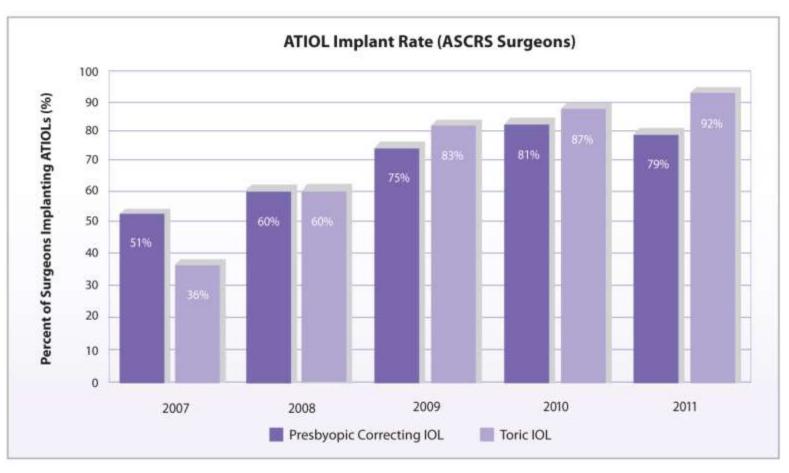
# Cataract Procedures are Growing<sup>1</sup>



# 2004-2011 Advanced Technology IOL Preference Share<sup>1</sup>



# More Surgeons are Implanting ATIOLs<sup>1</sup>



# **Understanding Today's Cataract Patient**

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### Start of the Baby Boom



Source: Centers for Disease Control and Prevention. Vital Statistics of the United States, 2003, Volume I, Natality. Table 1-1: Live births, birth rates, and fertility rates, by race: United States, 1909-2003. <a href="http://www.cdc.gov/nchs/products/vsus.htm">http://www.cdc.gov/nchs/products/vsus.htm</a>

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# Rate of Baby Boomers Turning 65 Yrs. Old in the US



- 2.7 million per year
- 7,584 per day
- 316 per hour
- 5 per minute

# Getting to Know Today's Cataract Patient

- Large, rapidly growing demographic (i.e., baby boomers)
- Educated, financially secure
- Increased life expectancy
- Longer working careers







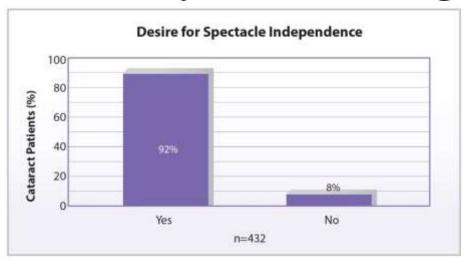
# Getting to Know Today's Cataract Patient

- Are unwilling to compromise active lifestyle
- Embrace demand-driven healthcare
- Demand high quality vision (e.g., reading, distance, night)
- Have new requirements for intermediate vision (e.g., computers)

# More Patients Want Reduced Spectacle Dependence

<u>Cataract Patient Survey – Post Surgery<sup>1</sup></u>

For about \$2,000 per eye, would you have taken advantage of new technology that could have helped reduce your need for glasses?



## Types of multifocal IOL'S

- 1. Refractive Crystalens
- 2. Difractive

Restore

**Technis** 

### IOL's Under Investigation

When ciliary body relaxes lens becomes more Spherical in order to accommodate

- 1. Snychrony -2 optics one in bag
- 2. Akkol 2 optics in sulcus

# Shifting Your Surgical Approach

### **Diagnostic Pearls**

# To ensure ideal multifocal IOL outcomes:

- Accurate biometry is critical to achieving refractive target
- Choose lens power based on intended placement, preference and experience
- Personalize lens constants using instrumentation, measurement technique and power calculation methods

#### **Patient Selection Pearls**

Appropriate multifocal IOL candidates should:

- Want spectacle independence
- Have 1.0 diopter or less of astigmatism
- Fit within the available IOL diopter range
- Qualify for bilateral implantation
- Have no contraindicated ocular pathology

#### **Recommendation Pearls**

#### When recommending an ATIOL:

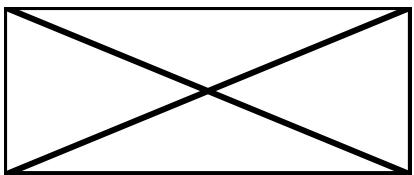
- Review the patient's lifestyle and wants
- Explain all of their IOL options
  - Presbyopia correction
  - Astigmatism correction
  - Monofocal correction
- Educate on benefits
- Set expectations appropriately

### Laser Cataract Surgery

- 1. Increase capsulotomy consistency
- 2. Soften nucleus
- 3. Treat mild astigmatism with limbal relaxing incisions

### Femtosecond Laser





### Thank You